



Support is out there for those who are unable to conceive naturally and are going through fertility treatment.

You could be ready to start a family and have been trying now for many months or even years but it is not happening.

Up to one in seven couples will experience difficulties conceiving and, although age is a factor, people can experience problems at any age.

Christina Searle lead nurse at Cambridge IVF, Maris Lane, Trumpington, said: "Whatever the cause, many people think if they are otherwise healthy their reproductive system will just respond on demand. Unfortunately this is so often not the case."

"Some people will choose [assisted conception](#), commonly referred to as IVF, to give them a helping hand. Last week I talked about how to choose a fertility clinic," said Christina. "Choosing where to go for support is also an important factor. You may feel you want to be able to talk to other people in the same situation, or you might want to look anonymously through information on the internet.

"Fact and fiction is in plentiful supply online so make sure you look for advice and support from reputable sources."

Read the full article by visiting the [Cambridge News website](#).

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