

At Cambridge IVF, your health and emotional well-being are as important to us as that of your partner.

In the attached leaflet we provide evidence-based advice that you can implement right away to improve your chances for a successful pregnancy as well as gain a sense of control over this stressful time.

If you would like more advice or have any concerns please contact a member of our andrology/embryology team on 01223 349010.



[How to Improve your semen quality](#)